



## Relational Protocols- My Guidelines to Being in Sacred Exchange

How can we best articulate what it takes to be in a good relationship with us in the thick of our Sacred Work? What does it mean for us to understand and communicate with clarity, integrity and resolve what our Spirits need to be in wellness of relation before a collaboration has even begun? How do we let others know who we are so they know what, who we stand for and on the shoulders of before they decide to engage in collaboration?

What do you believe is your Purpose (re-member) Interconnection/Community)?

Who raised you in that purpose? Who were the teachers, the elders, the comrades that helped you root in that understanding?

Who are people in your life, that you feel you have strong relational dynamics with? What makes those relations ones you Trust and you feel aligned with?

*Using the reflections from a Guide- create the Protocols that you want to hold and others to hold when walking with you in your Sacred Work:*

